

VOTRIENT® (pazopanib) tablets is a prescription medicine used to treat people with advanced renal cell cancer (aRCC). It is not known if VOTRIENT is safe and effective in children under 18 years of age.

The efficacy of VOTRIENT for the treatment of patients with adipocytic soft tissue sarcoma or gastrointestinal stromal tumors has not been demonstrated.

# YOU ARE THE CENTER OF YOUR CARE

Your guide to taking VOTRIENT



## Important Safety Information for VOTRIENT® (pazopanib) tablets

Before taking VOTRIENT, tell your health care provider if you have or had liver problems. Some people may develop liver damage while taking VOTRIENT. VOTRIENT can cause serious liver problems including death. Your health care provider will do blood tests to check your liver before you start and while you take VOTRIENT. Tell your health care provider right away if you have yellow eyes or skin, dark urine, tiredness, nausea or vomiting, loss of appetite, pain in the right upper side of your stomach area, or if you bruise easily. Your health care provider may need to prescribe a lower dose of VOTRIENT for you or tell you to stop taking VOTRIENT if you develop liver problems during treatment.

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# Getting started on VOTRIENT

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Living with advanced renal cell cancer (aRCC) can be challenging. It may be hard to come to terms with your diagnosis and at the same time learn about treatment for advanced kidney cancer. Remember, you are the center of your health care team—they are here to help you. Be sure to ask your team for the help you need.



## USING THIS GUIDE

This guide has been created especially to help you understand what to expect as you begin taking VOTRIENT® (pazopanib) tablets. It is organized by topic to help you access the information you need. There are also trackers in the back of the guide to help you throughout treatment.

Reading this guide does not take the place of talking with your health care provider. If you have questions, be sure to talk with him or her.

Please be sure to read the **Medication Guide** that comes with your prescription.

You can also go online to **VOTRIENT.com** for more information.

“Being involved in my health care decisions puts me **right at the center** of my health care team.”

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# Getting to know VOTRIENT

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When starting a new medicine, you may have questions about how it works and what to expect. This section covers some of the basic facts about advanced renal cell cancer and why your health care provider may have prescribed VOTRIENT® (pazopanib) tablets to treat it.

## About advanced kidney cancer

Kidney cancer occurs when cells start to grow out of control in the kidney. Sometimes these kidney cancer cells spread to lymph nodes or other parts of the body. Even though the cancer cells have spread to other parts of the body, your health care provider will still call it kidney cancer because that is where the cancer cells started.

## Why VOTRIENT® (pazopanib) tablets?

VOTRIENT is used to treat adults with advanced renal cell cancer, a form of kidney cancer. VOTRIENT may shrink or slow the growth of kidney cancer for a period of time. VOTRIENT is not a cure for kidney cancer.

“The most important person on my health care team **is me.**”

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If you are in the advanced stages of kidney cancer, your health care provider may decide that VOTRIENT® (pazopanib) tablets may be a treatment option for you. VOTRIENT is a prescription medicine in tablet form that you take by mouth.

It is not known if VOTRIENT is safe and effective in children under 18 years of age.

VOTRIENT can cause serious liver problems, including death. Your health care provider will do blood tests to check your liver before you start and while you take VOTRIENT.

## How VOTRIENT may work

VOTRIENT is not a chemotherapy drug. VOTRIENT works to prevent the growth of new blood vessels to the tumor and may shrink or slow the growth of the cancer by stopping a protein called vascular endothelial growth factor or VEGF (vehj eff). VEGF is important for the growth of blood vessels to supply nutrients to the tumor cell. It is important to note that VOTRIENT may also harm healthy cells.



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**Votrient**<sup>®</sup>  
pazopanib tablets (200 mg)

# Talk with your health care provider before you start taking VOTRIENT

It's important to talk with your health care provider about certain medical conditions you have had and which medicines you are taking because these may impact how VOTRIENT® (pazopanib) tablets works. Here are a few things to mention to your health care provider before you start taking VOTRIENT.

## What's your medical history?

Talk to your health care provider if you have or have had any of the following:

- Liver problems. You may need a lower dose of VOTRIENT or your health care provider may prescribe a different medicine to treat your advanced renal cell cancer
- High blood pressure
- Heart problems or an irregular heartbeat, including QT prolongation
- A history of stroke
- Headaches, seizures, or vision problems
- Coughed up blood in the last 6 months
- Bleeding of your stomach or intestines in the last 6 months
- A history of a tear (perforation) in your stomach or intestine, or an abnormal connection between 2 parts of your gastrointestinal tract (fistula)
- Blood clots in a vein or in a lung
- Thyroid problems
- Recent surgery (within the last 7 days) or are going to have surgery

## Considering having a baby?

VOTRIENT may harm an unborn baby (can cause birth defects or loss of pregnancy). Do not become pregnant while taking VOTRIENT. If you do become pregnant, tell your health care provider right away. You should use effective birth control during treatment with VOTRIENT and for at least 2 weeks after your final dose. Talk to your health care provider about types of birth control that may be right for you. It is not known if VOTRIENT passes into your breast milk. You should not breastfeed during treatment and for 2 weeks after the final dose. You and your health care provider should decide if you will take VOTRIENT or breastfeed.

If you are a male and are having sex with a partner who is pregnant, think they may be pregnant, or who could become pregnant (even if you have had a vasectomy or if they are taking other forms of birth control), you should use condoms during sexual intercourse during treatment with VOTRIENT and for 2 weeks after your last dose.

## Do you have any other medical conditions?

List them here, and share with your health care team.

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## Do you eat grapefruit or drink grapefruit juice?

Do not eat grapefruit or drink grapefruit juice during treatment with VOTRIENT® (pazopanib) tablets, because it may affect how VOTRIENT works.

## What medicines are you taking?

VOTRIENT may affect the way other medicines work, and other medicines may affect how VOTRIENT works. Tell your health care provider about all the medicines you take, including

- Prescription and nonprescription medicines, vitamins, and herbal supplements
- Any medicines that contain simvastatin to treat high cholesterol levels
- Any medicines that reduce stomach acid (for example, esomeprazole)

## Especially, tell your health care provider if you take medicines that can affect how your liver enzymes work, such as

- Certain antibiotics (used to treat infections)
- Certain medicines used to treat HIV
- Certain medicines used to treat depression
- Medicines used to treat irregular heartbeats

Ask your health care provider if you are not sure if your medicine is one of these. Also let your health care provider know about any other medical conditions you may have.

## Know the medicines you take

Share the list of medicines you take with your health care provider and pharmacist each time you begin taking a new medicine.



### Do you take any other medicines?

List them here, and share this information with your health care team and pharmacist.

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# How to take VOTRIENT

## Choose a time that works for you

Take VOTRIENT® (pazopanib) tablets, as prescribed by your health care provider, once a day at the same time every day to help you stay on track. No matter what time of day is best for you, be sure to take VOTRIENT at least 1 hour before or 2 hours after eating food. The following checklist can help you decide what time you should take your medicine and what time you should eat.

## As you begin taking VOTRIENT, here are a few things to keep in mind:

### DO

- ✓ Do take VOTRIENT exactly as your health care provider tells you. Your health care provider will tell you how much VOTRIENT to take
- ✓ Do take VOTRIENT on an empty stomach. **Take it at least 1 hour before or 2 hours after eating food**

### DO NOT

- ✗ Do NOT take VOTRIENT with food
- ✗ Do NOT crush tablets of VOTRIENT
- ✗ Do NOT eat grapefruit or drink grapefruit juice during treatment with VOTRIENT because it may affect how VOTRIENT works

## What to do if you miss a dose of VOTRIENT

- Take the missed dose as soon as you remember
- Do not take the missed dose if it is close (within 12 hours) to your next dose. Just take the next dose at your regular time
- Do not take more than 1 dose of VOTRIENT at a time
- Call your health care provider if you have any questions about taking VOTRIENT



Not shown at actual size

Each dose of VOTRIENT looks like this.

VOTRIENT is taken once daily. VOTRIENT comes in tablet form. **Your health care provider will tell you exactly how many tablets of VOTRIENT to take. Take VOTRIENT exactly as your health care provider tells you.**

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## Your daily routine for taking VOTRIENT® (pazopanib) tablets

Take your dose of VOTRIENT once a day, at the same time each day, and at a time that is convenient for you. It's important to take VOTRIENT on an empty stomach. **Remember to take VOTRIENT at least 1 hour before or 2 hours after food.**



Your health care provider will tell you exactly how many tablets of VOTRIENT to take.



Work with your health care team to help you determine your daily routine for taking VOTRIENT. What time works best for you?

**I will take VOTRIENT at** \_\_\_\_\_ **AM/PM.**

**My daily reminder activity is** \_\_\_\_\_

Sometimes it may be hard to maintain a medicine routine. If this schedule doesn't work for you, try another schedule to see what works best or talk to your health care provider.



### STAYING ON TRACK

If you'd like ideas for creating a medicine routine that works for you, visit **VOTRIENT.com** for some helpful ways to stay on track.

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pazopanib tablets (200 mg)

# Important Safety Information for VOTRIENT® (pazopanib) tablets

**Before taking VOTRIENT® (pazopanib) tablets, tell your health care provider if you have or had liver problems. Some people may develop liver damage while taking VOTRIENT. VOTRIENT can cause serious liver problems including death. Your health care provider will do blood tests to check your liver before you start and while you take VOTRIENT. Tell your health care provider right away if you have yellow eyes or skin, dark urine, tiredness, nausea or vomiting, loss of appetite, pain in the right upper side of your stomach area, or if you bruise easily. Your health care provider may need to prescribe a lower dose of VOTRIENT for you or tell you to stop taking VOTRIENT if you develop liver problems during treatment.**

- VOTRIENT may cause irregular or fast heartbeat or fainting.
- VOTRIENT may cause heart failure, a condition where your heart does not pump as well as it should and which may result in shortness of breath.
- Heart attack and stroke can happen with VOTRIENT and may cause death. Tell your health care provider if you have heart problems. Call your health care provider right away if you have chest pain or pressure, pain in your arms, back, neck or jaw, shortness of breath, numbness or weakness on one side of your body, trouble talking, headache, or dizziness.
- VOTRIENT may cause blood clots, which may form in a vein, especially in your legs. Pieces of a blood clot may travel to your lungs. This may be life threatening and cause death. Call your health care provider right away if you have new chest pain, trouble breathing or sudden shortness of breath, leg pain, and swelling of the arms and hands, or legs and feet, a cool or pale arm or leg.
- Thrombotic microangiopathy (TMA), including thrombotic thrombocytopenia purpura and hemolytic uremic syndrome, is a condition involving blood clots that can happen while taking VOTRIENT. TMA is accompanied by a decrease in red blood cells and cells that are involved in clotting. TMA may harm organs such as the brain and kidneys.
- VOTRIENT may cause bleeding problems, which may be severe and cause death. Tell your health care provider before taking VOTRIENT if you have a history of abnormal bleeding. If you experience unusual bleeding, bruising, or wounds that do not heal, call your health care provider right away.



**Call your health care provider if you are experiencing side effects.**

Always talk with your health care provider before changing your dose or stopping VOTRIENT.

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- VOTRIENT® (pazopanib) tablets may cause a tear (called a *perforation*) in the stomach or intestinal wall. Fatal perforations have occurred. VOTRIENT may also cause an abnormal connection between 2 parts of your gastrointestinal tract (called a *fistula*). Call your health care provider if you experience pain or swelling in the stomach area, vomiting blood, or black sticky stools.
- VOTRIENT may cause lung problems that may lead to death. Tell your health care provider right away if you develop a cough that will not go away or have shortness of breath.
- Reversible posterior leukoencephalopathy syndrome is a condition that can happen while taking VOTRIENT that may cause death. Symptoms may include headaches, seizures, lack of energy, confusion, high blood pressure, loss of speech, blindness or changes in vision, and problems thinking.
- High blood pressure can happen with VOTRIENT, including a sudden and severe rise in blood pressure which may be life threatening. These blood pressure increases usually happen in the first several months of treatment. Blood pressure should be well controlled before starting VOTRIENT. Your health care provider should test your blood pressure within 1 week of starting treatment with VOTRIENT and should check it often during treatment. Get medical help right away if you have symptoms of a severe increase in blood pressure, such as severe chest pain, severe headache, blurred vision, confusion, nausea and vomiting, severe anxiety, shortness of breath, or seizures, or if you pass out (become unconscious).
- VOTRIENT may cause thyroid problems. Your health care provider should test your thyroid function during treatment with VOTRIENT.
- VOTRIENT may affect wound healing. Tell your doctor if you had recent surgery (within the last 7 days) or are going to have surgery.
- VOTRIENT may cause you to have too much protein in your urine. Your health care provider will check you for this problem. If there is too much protein in your urine, your health care provider may tell you to stop taking VOTRIENT.
- Serious infections can happen with VOTRIENT and can cause death. Call your health care provider if you experience fever; cold symptoms, such as runny nose or a sore throat that does not go away; flu symptoms, such as cough, feeling tired, and body aches; pain when urinating; or cuts, scrapes, or wounds that are red, warm, swollen, or painful.
- When used in combination with some other anticancer therapies, VOTRIENT has caused increased toxicity and even death. Tell your health care provider about all of the medicines you are taking, including other anticancer therapies.
- FEMALES OF REPRODUCTIVE/CHILDBEARING POTENTIAL. VOTRIENT can harm your unborn baby (cause birth defects or potential loss of pregnancy). You should not become pregnant while you are taking VOTRIENT. You should use effective birth control during treatment with VOTRIENT and for at least 2 weeks after your final dose of VOTRIENT. Talk to your health care provider about the types of birth control that may be right for you during this time.

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# Important Safety Information for VOTRIENT® (pazopanib) tablets (cont)

- **MALES OF REPRODUCTIVE POTENTIAL.** Talk to your doctor if you are a male, even if you have had a vasectomy, and you are with a sexual partner who is pregnant, thinks that she may be pregnant, or who could become pregnant (including those who use other forms of birth control). You should use condoms during sexual intercourse during treatment with VOTRIENT® (pazopanib) tablets and for at least 2 weeks after your last dose with VOTRIENT.
- **BREASTFEEDING.** It is not known if VOTRIENT passes into your breast milk. Do not breastfeed during treatment with VOTRIENT and for 2 weeks after the final dose.
- A collapsed lung can happen with VOTRIENT (called *pneumothorax*). This may cause shortness of breath. Call your health care provider right away if you experience shortness of breath.

The most common side effects in people with advanced renal cell cancer who take VOTRIENT include:

- Diarrhea
- High blood pressure
- Hair color changes
- Nausea (feeling sick to your stomach) or vomiting
- Loss of appetite

Tell your health care provider right away if you have any side effects.

VOTRIENT may affect the way other medicines work and other medicines may affect how VOTRIENT works. Tell your health care provider about all the medicines you take, including prescription and nonprescription medicines and herbal and dietary supplements.

Do not eat grapefruit or drink grapefruit juice during treatment with VOTRIENT because it may affect how VOTRIENT works.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.



**Call your health care provider if you are experiencing side effects.**

Always talk with your health care provider before changing your dose or stopping VOTRIENT.

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# Possible side effects with VOTRIENT



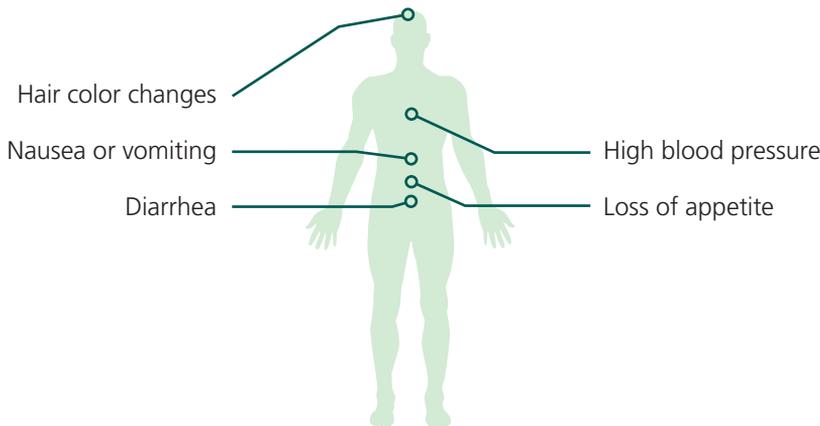
Talk with your health care provider about any side effects that you may have. VOTRIENT® (pazopanib) tablets can cause serious liver problems, including death. Your health care provider will do blood tests to check your liver before you start and while you take VOTRIENT.

## Tell your health care provider right away if you have any of these signs of liver problems during treatment with VOTRIENT:

- Yellowing of your skin or the whites of your eyes (jaundice)
- Dark urine
- Tiredness
- Nausea or vomiting
- Loss of appetite
- Pain on the right side of your stomach area (abdomen)
- Bruise easily

Your health care provider may need to prescribe a lower dose of VOTRIENT for you or tell you to stop taking VOTRIENT if you develop liver problems during treatment.

## The most common side effects in people with advanced renal cell cancer who take VOTRIENT are



Tell your health care provider right away if you have any side effects.

These are not all the possible side effects of VOTRIENT. For more information, ask your health care provider or pharmacist.

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# Things to monitor while taking VOTRIENT

Your health care provider will test your urine, blood, and heart before you start and while you take VOTRIENT® (pazopanib) tablets. He or she will let you know when you need to have these tests.

## Monitoring your liver

VOTRIENT may cause changes to how well your liver works (typically during the first 4 months of treatment). You will have blood tests to check your liver before you start taking VOTRIENT and while you take VOTRIENT (or as often as your health care provider suggests). Though uncommon, in some cases the results of these tests may show that the dose of VOTRIENT may need to be reduced or treatment may need to be stopped.

## Checking your blood pressure

VOTRIENT may cause an increase in blood pressure that usually occurs in early treatment (during the first several months). Your health care provider will check your blood pressure regularly. If needed, he or she may prescribe medicine to help lower your blood pressure. In some cases, the dose of VOTRIENT may need to be reduced or stopped.



## TRACKING YOUR BLOOD PRESSURE AT HOME

Use the **Blood Pressure Tracker** in the back of this guide to keep track of any changes in your blood pressure each week. It may help you see what things can impact changes in your blood pressure, so you and your health care provider can keep it within a healthy range for you.

## Checking your heart

VOTRIENT may cause changes in the way your heart beats. To check your heart, your health care provider may want you to have an electrocardiogram (often called an EKG or ECG). An EKG is a simple, painless test that shows how fast the heart beats and whether the beats are steady.

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Ask your health care provider when you should have the following tests and if there are any other tests that you may need.

EXAMPLE ONLY

TEST	FREQUENCY	GOAL
Urine test	Every 2 weeks	You should have clear urine. If it's red or dark, call me.

TEST	FREQUENCY	GOAL
Blood tests for liver function		TO BE FILLED OUT WITH YOUR HEALTH CARE PROVIDER

Blood pressure check		
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Thyroid function		
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Urine test		
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EKG		
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Additional tests		

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# Managing your day

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VOTRIENT® (pazopanib) tablets can cause side effects. For a full list of side effects, see pages 10-12. As you start treatment with VOTRIENT, keep track of any side effects that you have and share them with your health care team. Under each side effect mentioned in this section, there are some things you may want to consult with your health care provider about to try to manage that particular side effect. As you explore these ideas, mark which ones work for you and refer back to this throughout your treatment. Tell your health care provider if you have any side effect that bothers you or that does not go away.



## If you're feeling tired

**Feeling tired and weak can make it hard to do what you need to do each day.**

- Do the most important activities first
- Ask others for help with daily tasks



## If you don't have an appetite

**You may find that there are times that you are just not hungry. But it is important to eat to keep up your strength.**

- Eat with family or friends
- Make eating more interesting by trying new foods



## If you have diarrhea

**Diarrhea is when you have frequent and soft, loose, or watery bowel movements.**

- Eat foods that are easy to digest, such as applesauce, bananas, white rice, and white toast
- Drink 8 to 12 cups of clear liquid every day (ginger ale, grape or cranberry juice, water, and tea)



## If you're losing weight

**Weight loss may be due to side effects, such as dehydration or loss of appetite.**

- Eat high-protein foods. Milk, cheese, eggs, meat, fish, and poultry are sources of protein
- Ask for advice from a registered dietitian

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## ALWAYS TALK WITH YOUR HEALTH CARE PROVIDER ABOUT ANY CHANGES OR SIDE EFFECTS THAT YOU NOTICE.

Your health care provider may change your dose of VOTRIENT® (pazopanib) tablets to a dose that is better for you, or he or she may stop your treatment for a while. This may help reduce the side effects and may keep them from getting worse. Always talk with your health care provider before changing your dose or stopping VOTRIENT, or before changing your diet.



### If you're feeling nauseous or vomiting

**Nausea is when you feel sick to your stomach and feel like you are going to throw up. Vomiting is when you throw up.**

- Eat 5 or 6 small meals instead of 3 large ones
- Eat foods that are easy on your stomach. Try broiled or baked chicken without the skin, crackers or pretzels, oatmeal, white rice, or white toast



### What other things could you try to manage your side effects?

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For more ideas on how to manage your day, visit [VOTRIENT.com](http://VOTRIENT.com).

## CALL YOUR HEALTH CARE PROVIDER IF

- You feel dizzy
- You have a fever of 100.5°F or higher
- You have moderate to severe diarrhea
- Your rectal area is sore or bleeds

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# Why support matters

In addition to the support of your health care team, having the support of friends and family is also important. Surround yourself with people who care about you and can help you cope with your condition. Always remember, you're not alone. There is support. And where there is support, there is someone who cares.

## Your All-Star Team

Having a strong support system is important. You may want to join a support group or create your own All-Star Team. When you need them most, your All-Star Team can help you feel better, help you stay on track with your medication, and even help motivate you.



## WHO WILL BE ON YOUR ALL-STAR TEAM?

Fill out the **Build Your All-Star Team** work sheet in the back of this guide. Place it in your home where you'll easily see it so you know whom to call when you need support.



"With my health care team and my **All-Star Team**, I have a strong support system."

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Your support team is there to help you, so don't be afraid to ask for help. Here are a few things they can help you with when you need emotional support.

### **They can remind you that you're the MVP.**

Some days you may forget that you are the most valuable player (MVP) on your health care team. Let your All-Star Team know when you are feeling powerless so they can give you the support you need.

### **They can remind you that you aren't alone.**

Even if you don't know anyone else living with advanced renal cell cancer, your All-Star Team can be there for you when you're feeling down. Talking about your feelings can help your team members relate to you and can help you feel like you have someone to lean on.

### **They can help you when you need it.**

Asking for help can sometimes be difficult to do, especially if you are an independent person. Remember, everyone needs help sometimes. Your All-Star Team is there to help you, so don't be afraid to ask.



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pazopanib tablets (200 mg)



## Additional support and resources

These websites offer information other patients have found helpful. You may also find they're useful as you learn more about living with advanced renal cell cancer. These resources are external to Novartis. Novartis is neither affiliated with nor endorses any of these organizations. Any information you get from these organizations is not meant to replace your health care provider's medical advice.

### American Cancer Society (ACS)

☎ 800-227-2345

📱 [www.cancer.org](http://www.cancer.org)

### National Cancer Institute (NCI)

☎ 800-4-CANCER (800-422-6237)

📱 [www.cancer.gov](http://www.cancer.gov)

### Cancer Support Community

☎ 888-793-9355

📱 [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)

### Kidney Cancer Association

☎ 800-850-9132

📱 [www.kidneycancer.org](http://www.kidneycancer.org)

### Cancer.net mobile app

📱 Available at [www.cancer.net](http://www.cancer.net)

This app is an interactive tool that helps patients keep track of questions to ask health care providers and records voice answers.

### Online tools for planning tips

Find help with organizing daily needs, appointments, medicine routine, and more:

📱 [www.lotsahelpinghands.org](http://www.lotsahelpinghands.org)

📱 [www.healthcoach4me.com](http://www.healthcoach4me.com)

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## Enjoy the moment

Throughout your treatment, there may be days when you feel stressed. Here are a few ideas that may help you cope.



### Get a Little Exercise

Exercise can help relieve stress, but don't overdo it. Ask your health care provider what type of exercise is right for you before starting.



### Keep Your Sense of Humor

It may be difficult, but try to find humor in something. Watch a funny movie, read a funny book—if it makes you laugh, chances are it may help reduce stress.



### Be Creative

Finding a creative outlet, such as painting or music, can be a great way to relax.



### Express Yourself

Journaling is a fun and expressive way to self-reflect, and it can be a good hobby to enjoy.



Finding the right support can help you focus on what you enjoy. Visit [VOTRIENT.com](http://VOTRIENT.com) for information about building a support network and caregiver support.

“Being **surrounded by support** is so important. And it can come in many forms.”

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# Patient Assistance Now Oncology (PANO)

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Novartis Oncology is committed to helping you get the medicines you need. Getting access to medications can sometimes be difficult or confusing. Patient Assistance Now Oncology (PANO) offers tools and support designed specifically to help make that process easier.

Here are some ways we can help:

- Offer support with your insurance verification to help you understand your financial responsibilities and assist with any changes in your insurance plan
- Help you find a pharmacy covered by your plan
- Provide insurance and Medicare education
- Provide information about financial assistance that may be available
- Patient Support Counselors who are able to provide information in over 160 languages
- One single point of contact to help guide you through getting access to the medicine prescribed by your doctor



**Patient Assistance**  
**Now Oncology**

Assistance. Access. Answers.

**Please see Important Safety Information on pages 10-12 of this brochure.**

**[Click here for full Prescribing Information, including Boxed WARNING, and Medication Guide.](#)**

VOTRIENT.COM

## MY TRACKERS

Print the trackers in the back of this guide so you can use them throughout your treatment with VOTRIENT<sup>®</sup> (pazopanib) tablets. They are designed to help you stay on track and to help your health care team get a snapshot of how you're doing between appointments.

### Inside, you'll find

- A **Blood Pressure Tracker** so you can keep an eye on your blood pressure numbers between appointments
- A **Weekly Symptom Tracker** to help you see patterns in side effects that you may experience, as well as how you're feeling
- A **Conversation Guide** to give you some ideas for having better conversations with your health care team
- An activity to help you build a personal support network, also known as your **All-Star Team**

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“Of everyone on my health care team, I’m at the center of every decision.”



**Before you start taking VOTRIENT® (pazopanib) tablets, look inside this guide.**

This guide is filled with information to help you understand what to expect as you begin your treatment journey. It is organized by topic to help you access the information you need to make the most of your treatment with VOTRIENT® (pazopanib) tablets.

Use the trackers in the back of the guide to help you stay on track while taking VOTRIENT.

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## Build Your All-Star Team

In addition to your health care team, don't forget about your home team. Your friends and family can offer invaluable emotional and physical support. Not sure who to call? Look at the following descriptions, and choose someone you know who would be a perfect fit for each role. Keep in mind that one person may fit more than one role. It's also okay to have a different person for each role. Every All-Star Team is different.

### TRUSTY SIDEKICK

This person is happy to go with you to appointments with your health care provider. Maybe he or she drives or asks your health care provider questions you forget or even takes notes for you. When you need another set of ears, this person is there for you.

### BIGGEST FAN

This person is your personal cheerleader, keeping your spirits up on the days you need it. Even if he or she worries, your personal fan never shows it. If there's a silver lining, this person is going to find it.

### LITTLE THINGS COORDINATOR

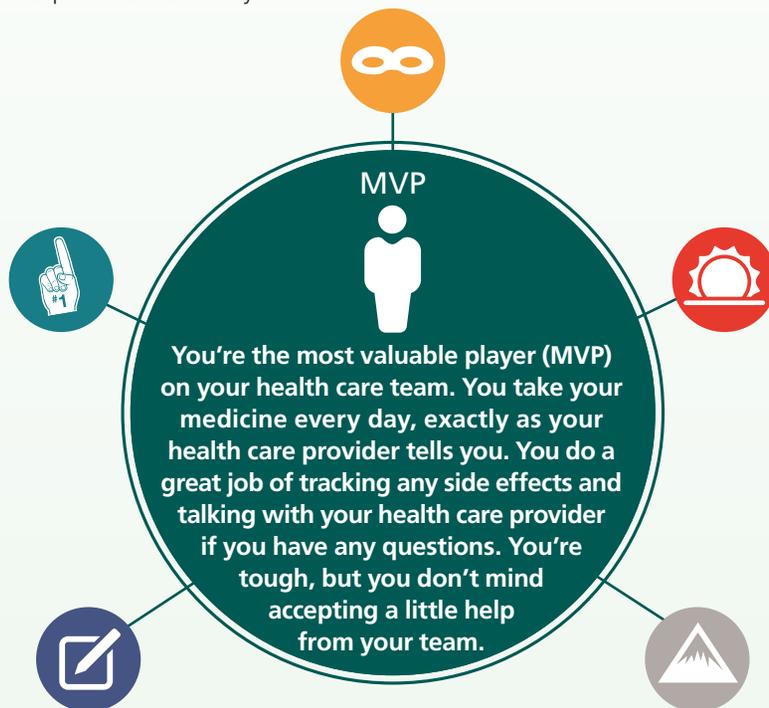
This person is organized and knows how you like things done. Your coordinator is there when you need someone to fold laundry, feed your pet, help you manage finances, or even refill a prescription.

### DIRECTOR OF DISTRACTIONS

This person is your break from thinking about advanced renal cell cancer. He or she is there to watch a movie with you, talk about the weather, or just find reasons to get you out of the house.

### SOLID SHOULDER

This person lets you talk about what's bothering you—whenever you want—in a safe environment. You can blow off steam. Yell. Whatever. Your solid shoulder just brings your favorite things and is there for you to lean on.



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- VOTRIENT may cause irregular or fast heartbeat or fainting.
- VOTRIENT may cause heart failure, a condition where your heart does not pump as well as it should and which may result in shortness of breath.
- Heart attack and stroke can happen with VOTRIENT and may cause death. Tell your health care provider if you have heart problems. Call your health care provider right away if you have chest pain or pressure, pain in your arms, back, neck or jaw, shortness of breath, numbness or weakness on one side of your body, trouble talking, headache, or dizziness.
- VOTRIENT may cause blood clots, which may form in a vein, especially in your legs. Pieces of a blood clot may travel to your lungs. This may be life threatening and cause death. Call your health care provider right away if you have new chest pain, trouble breathing or sudden shortness of breath, leg pain, and swelling of the arms and hands, or legs and feet, a cool or pale arm or leg.
- Thrombotic microangiopathy (TMA), including thrombotic thrombocytopenia purpura and hemolytic uremic syndrome, is a condition involving blood clots that can happen while taking VOTRIENT. TMA is accompanied by a decrease in red blood cells and cells that are involved in clotting. TMA may harm organs such as the brain and kidneys.
- VOTRIENT may cause bleeding problems, which may be severe and cause death. Tell your health care provider before taking VOTRIENT if you have a history of abnormal bleeding. If you experience unusual bleeding, bruising, or wounds that do not heal, call your health care provider right away.
- VOTRIENT may cause a tear (called a *perforation*) in the stomach or intestinal wall. Fatal perforations have occurred. VOTRIENT may also cause an abnormal connection between 2 parts of your gastrointestinal tract (called a *fistula*). Call your health care provider if you experience pain or swelling in the stomach area, vomiting blood, or black sticky stools.
- VOTRIENT may cause lung problems that may lead to death. Tell your health care provider right away if you develop a cough that will not go away or have shortness of breath.
- Reversible posterior leukoencephalopathy syndrome is a condition that can happen while taking VOTRIENT that may cause death. Symptoms may include headaches, seizures, lack of energy, confusion, high blood pressure, loss of speech, blindness or changes in vision, and problems thinking.
- High blood pressure can happen with VOTRIENT, including a sudden and severe rise in blood pressure which may be life threatening. These blood pressure increases usually happen in the first several months of treatment. Blood pressure should be well controlled before starting VOTRIENT. Your health care provider should test your blood pressure within 1 week of starting treatment with VOTRIENT and should check it often during treatment. Get medical help right away if you have symptoms of a severe increase in blood pressure, such as severe chest pain, severe headache, blurred

vision, confusion, nausea and vomiting, severe anxiety, shortness of breath, or seizures, or if you pass out (become unconscious).

- VOTRIENT may cause thyroid problems. Your health care provider should test your thyroid function during treatment with VOTRIENT.
- VOTRIENT may affect wound healing. Tell your doctor if you had recent surgery (within the last 7 days) or are going to have surgery.
- VOTRIENT may cause you to have too much protein in your urine. Your health care provider will check you for this problem. If there is too much protein in your urine, your health care provider may tell you to stop taking VOTRIENT.
- Serious infections can happen with VOTRIENT and can cause death. Call your health care provider if you experience fever; cold symptoms, such as runny nose or a sore throat that does not go away; flu symptoms, such as cough, feeling tired, and body aches; pain when urinating; or cuts, scrapes, or wounds that are red, warm, swollen, or painful.
- When used in combination with some other anticancer therapies, VOTRIENT has caused increased toxicity and even death. Tell your health care provider about all of the medicines you are taking, including other anticancer therapies.
- FEMALES OF REPRODUCTIVE/CHILDBEARING POTENTIAL. VOTRIENT can harm your unborn baby (cause birth defects or potential loss of pregnancy). You should not become pregnant while you are taking VOTRIENT. You should use effective birth control during treatment with VOTRIENT and for at least 2 weeks after your final dose of VOTRIENT. Talk to your health care provider about the types of birth control that may be right for you during this time.
- MALES OF REPRODUCTIVE POTENTIAL. Talk to your doctor if you are a male, even if you have had a vasectomy, and you are with a sexual partner who is pregnant, thinks that she may be pregnant, or who could become pregnant (including those who use other forms of birth control). You should use condoms during sexual intercourse during treatment with VOTRIENT

and for at least 2 weeks after your last dose with VOTRIENT.

- BREASTFEEDING. It is not known if VOTRIENT passes into your breast milk. Do not breastfeed during treatment with VOTRIENT and for 2 weeks after the final dose.
- A collapsed lung can happen with VOTRIENT (called *pneumothorax*). This may cause shortness of breath. Call your health care provider right away if you experience shortness of breath.

The most common side effects in people with advanced renal cell cancer who take VOTRIENT include:

- Diarrhea
- High blood pressure
- Hair color changes
- Nausea (feeling sick to your stomach) or vomiting
- Loss of appetite

Tell your health care provider right away if you have any side effects.

VOTRIENT may affect the way other medicines work and other medicines may affect how VOTRIENT works. Tell your health care provider about all the medicines you take, including prescription and nonprescription medicines and herbal and dietary supplements.

Do not eat grapefruit or drink grapefruit juice during treatment with VOTRIENT because it may affect how VOTRIENT works.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

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# Your Blood Pressure Tracker

High blood pressure can happen with VOTRIENT® (pazopanib) tablets, including a sudden and severe rise in blood pressure, which may be life threatening. These blood pressure increases usually happen in the first several months of treatment. Your health care provider will check your blood pressure within 1 week of you starting VOTRIENT and regularly at appointments. Your health care provider will advise you to check your blood pressure at home. You can use this tracker at home to make sure your blood pressure is staying within the range your health care provider has recommended for you.

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## HOW TO COMPLETE YOUR BLOOD PRESSURE TRACKER:

Print this tracker  
and fill it in so you can  
keep track of your blood  
pressure between  
appointments.

Any symptoms you experience

Fill in the time you took your BP reading and the result.

Anything that changes in your routine

WEEK:	DAY	TIME	READING
THINGS TO NOTE ABOUT THIS WEEK Slight headache  Had houseguests this week	Sunday	3:30 pm	140 / 90
	Monday		/ /
	Tuesday		/ /
	Wednesday		/ /
	Thursday		/ /
	Friday		/ /
	Saturday		/ /

TO BE FILLED OUT BY YOUR HEALTH CARE PROVIDER ONLY

<p><b>YOUR TARGET IS:</b></p> <p>_____ / _____</p>	<p><b>YOU SHOULD CALL YOUR HEALTH CARE PROVIDER IF:</b></p> <p>_____ / _____</p>
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WEEK:	DAY	TIME	READING
THINGS TO NOTE ABOUT THIS WEEK	Sunday		/ /
	Monday		/ /
	Tuesday		/ /
	Wednesday		/ /
	Thursday		/ /
	Friday		/ /
	Saturday		/ /

WEEK:	DAY	TIME	READING
THINGS TO NOTE ABOUT THIS WEEK	Sunday		/ /
	Monday		/ /
	Tuesday		/ /
	Wednesday		/ /
	Thursday		/ /
	Friday		/ /
	Saturday		/ /

WEEK:	DAY	TIME	READING
THINGS TO NOTE ABOUT THIS WEEK	Sunday		/ /
	Monday		/ /
	Tuesday		/ /
	Wednesday		/ /
	Thursday		/ /
	Friday		/ /
	Saturday		/ /

WEEK:	DAY	TIME	READING
THINGS TO NOTE ABOUT THIS WEEK	Sunday		/ /
	Monday		/ /
	Tuesday		/ /
	Wednesday		/ /
	Thursday		/ /
	Friday		/ /
	Saturday		/ /

Using this tracker does not take the place of talking with your health care provider. If you have questions, be sure to talk with him or her.

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# Conversation Guide

Talking to your health care team may not always be easy, but it can help you better understand what to expect from your treatment plan. That may mean asking uncomfortable questions. These conversation starters may help. Check the ones you want to bring up at your next appointment. Be sure to use the notes section to write your health care provider's answers so you can refer to them later.

Check here

	If you want to talk about...	Try saying...	Also, share...
<b>Day to day</b>	<b>What to expect from your medicine</b>	I know you've explained that this medicine is right for me, but please help me understand a bit better exactly how it may help.	Things you have learned about your treatment from sources other than your health care team
	<b>How to take VOTRIENT® (pazopanib) tablets</b>	I want to be sure I take my medicine as prescribed, so let's talk about the directions again.	Concerns you have about fitting VOTRIENT into your schedule
	<b>Missing doses</b>	What do I do if I miss a dose?	Any major changes in your daily routine
	<b>Having a hard time eating well</b>	I'm not eating as much as I should be right now. What advice do you have that might work for me?	Which foods you have noticed trigger side effects

	If you want to talk about...	Try saying...	Also, share...
<b>Side effects</b>	<b>How to manage side effects</b>	I'd like to know how to deal with side effects from my medicine. Could we go over my weekly symptom tracker together?	Changes you have experienced since your last visit
	<b>A potential side effect</b>	I've recently noticed something that may be a side effect of VOTRIENT. Can you let me know what you think?	Any new side effects you're noticing

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	If you want to talk about...	Try saying...	Also, share...
<b>Support</b>	<b>Finding a support group</b>	I think it might be helpful for me to find a support group for people with my condition. Do you have any information about local groups?	How things are going with your All-Star Team
	<b>Feeling anxious or sad</b>	I've been feeling very worried and sad lately, and I wanted to mention this to you. Is this normal?	What you have been doing to cope with your feelings

Use the space below to write down your health care provider's answers so you can reference them later.

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# Your Weekly Symptom Tracker

Use your tracker each week to help you identify symptoms, side effects, or mood changes that you may need help with.

You can take this to your appointments and discuss it with your health care team to get the most from your time with them.

## HOW TO COMPLETE YOUR SYMPTOM TRACKER:

Print this tracker and fill it in so you can keep track of your symptoms between appointments.

Fill in your VOTRIENT® (pazopanib) tablets dose.

WEEK: July 1st  
DOSE: 800 mg  
PILLS: 4x 200 mg

These are symptoms I had this week and what I tried to help manage them.

SYMPTOM(S)	A LOT	A LITTLE	WHAT HELPED?
diarrhea	<input type="radio"/>	<input checked="" type="radio"/>	stayed away from dairy foods
nausea	<input type="radio"/>	<input checked="" type="radio"/>	ate smaller meals 4x day
	<input type="radio"/>	<input type="radio"/>	
THINGS TO NOTE ABOUT THIS WEEK: Felt better than normal. Found low-sodium snacks.			

Write in anything that was different this week.

## How much have symptoms impacted you over the last week?

WEEK: .....  
DOSE: .....

SYMPTOM(S)	A LOT	A LITTLE	WHAT HELPED?
	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>	
THINGS TO NOTE ABOUT THIS WEEK			

WEEK: .....  
DOSE: .....

SYMPTOM(S)	A LOT	A LITTLE	WHAT HELPED?
	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>	
THINGS TO NOTE ABOUT THIS WEEK			

WEEK: .....  
DOSE: .....

SYMPTOM(S)	A LOT	A LITTLE	WHAT HELPED?
	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>	
THINGS TO NOTE ABOUT THIS WEEK			

WEEK: .....  
DOSE: .....

SYMPTOM(S)	A LOT	A LITTLE	WHAT HELPED?
	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>	
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THINGS TO NOTE ABOUT THIS WEEK			

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	<input type="radio"/>	<input type="radio"/>	
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THINGS TO NOTE ABOUT THIS WEEK			

Using this tracker does not take the place of talking with your health care provider. If you have questions, be sure to talk with him or her. You are encouraged to report negative side effects of prescription drugs to the FDA. Please visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Please see Important Safety Information on next page.  
Click here for full Prescribing Information, including Boxed WARNING, and Medication Guide.

# Important Safety Information for VOTRIENT® (pazopanib) tablets

**Before taking VOTRIENT® (pazopanib) tablets, tell your health care provider if you have or had liver problems. Some people may develop liver damage while taking VOTRIENT. VOTRIENT can cause serious liver problems including death. Your health care provider will do blood tests to check your liver before you start and while you take VOTRIENT. Tell your health care provider right away if you have yellow eyes or skin, dark urine, tiredness, nausea or vomiting, loss of appetite, pain in the right upper side of your stomach area, or if you bruise easily. Your health care provider may need to prescribe a lower dose of VOTRIENT for you or tell you to stop taking VOTRIENT if you develop liver problems during treatment.**

- VOTRIENT may cause irregular or fast heartbeat or fainting.
- VOTRIENT may cause heart failure, a condition where your heart does not pump as well as it should and which may result in shortness of breath.
- Heart attack and stroke can happen with VOTRIENT and may cause death. Tell your health care provider if you have heart problems. Call your health care provider right away if you have chest pain or pressure, pain in your arms, back, neck or jaw, shortness of breath, numbness or weakness on one side of your body, trouble talking, headache, or dizziness.
- VOTRIENT may cause blood clots, which may form in a vein, especially in your legs. Pieces of a blood clot may travel to your lungs. This may be life threatening and cause death. Call your health care provider right away if you have new chest pain, trouble breathing or sudden shortness of breath, leg pain, and swelling of the arms and hands, or legs and feet, a cool or pale arm or leg.

- Thrombotic microangiopathy (TMA), including thrombotic thrombocytopenia purpura and hemolytic uremic syndrome, is a condition involving blood clots that can happen while taking VOTRIENT. TMA is accompanied by a decrease in red blood cells and cells that are involved in clotting. TMA may harm organs such as the brain and kidneys.
- VOTRIENT may cause bleeding problems, which may be severe and cause death. Tell your health care provider before taking VOTRIENT if you have a history of abnormal bleeding. If you experience unusual bleeding, bruising, or wounds that do not heal, call your health care provider right away.
- VOTRIENT may cause a tear (called a *perforation*) in the stomach or intestinal wall. Fatal perforations have occurred. VOTRIENT may also cause an abnormal connection between 2 parts of your gastrointestinal tract (called a *fistula*). Call your health care provider if you experience pain or swelling in the stomach area, vomiting blood, or black sticky stools.
- VOTRIENT may cause lung problems that may lead to death. Tell your health care provider right away if you develop a cough that will not go away or have shortness of breath.
- Reversible posterior leukoencephalopathy syndrome is a condition that can happen while taking VOTRIENT that may cause death. Symptoms may include headaches, seizures, lack of energy, confusion, high blood pressure, loss of speech, blindness or changes in vision, and problems thinking.
- High blood pressure can happen with VOTRIENT, including a sudden and severe rise in blood pressure which may be life threatening. These blood pressure increases usually happen in the first several months of treatment. Blood pressure should be well controlled before starting VOTRIENT. Your health care provider should test your blood pressure within 1 week of starting treatment with VOTRIENT and should check it often during treatment. Get medical help right away if you have symptoms of a severe increase in blood pressure, such as severe chest pain, severe headache, blurred

vision, confusion, nausea and vomiting, severe anxiety, shortness of breath, or seizures, or if you pass out (become unconscious).

- VOTRIENT may cause thyroid problems. Your health care provider should test your thyroid function during treatment with VOTRIENT.
- VOTRIENT may affect wound healing. Tell your doctor if you had recent surgery (within the last 7 days) or are going to have surgery.
- VOTRIENT may cause you to have too much protein in your urine. Your health care provider will check you for this problem. If there is too much protein in your urine, your health care provider may tell you to stop taking VOTRIENT.
- Serious infections can happen with VOTRIENT and can cause death. Call your health care provider if you experience fever; cold symptoms, such as runny nose or a sore throat that does not go away; flu symptoms, such as cough, feeling tired, and body aches; pain when urinating; or cuts, scrapes, or wounds that are red, warm, swollen, or painful.
- When used in combination with some other anticancer therapies, VOTRIENT has caused increased toxicity and even death. Tell your health care provider about all of the medicines you are taking, including other anticancer therapies.
- FEMALES OF REPRODUCTIVE/CHILDBEARING POTENTIAL. VOTRIENT can harm your unborn baby (cause birth defects or potential loss of pregnancy). You should not become pregnant while you are taking VOTRIENT. You should use effective birth control during treatment with VOTRIENT and for at least 2 weeks after your final dose of VOTRIENT. Talk to your health care provider about the types of birth control that may be right for you during this time.
- MALES OF REPRODUCTIVE POTENTIAL. Talk to your doctor if you are a male, even if you have had a vasectomy, and you are with a sexual partner who is pregnant, thinks that she may be pregnant, or who could become pregnant (including those who use other forms of birth control). You should use condoms during sexual intercourse during treatment with VOTRIENT

and for at least 2 weeks after your last dose with VOTRIENT.

- BREASTFEEDING. It is not known if VOTRIENT passes into your breast milk. Do not breastfeed during treatment with VOTRIENT and for 2 weeks after the final dose.
- A collapsed lung can happen with VOTRIENT (called *pneumothorax*). This may cause shortness of breath. Call your health care provider right away if you experience shortness of breath.

The most common side effects in people with advanced renal cell cancer who take VOTRIENT include:

- Diarrhea
- High blood pressure
- Hair color changes
- Nausea (feeling sick to your stomach) or vomiting
- Loss of appetite

Tell your health care provider right away if you have any side effects.

VOTRIENT may affect the way other medicines work and other medicines may affect how VOTRIENT works. Tell your health care provider about all the medicines you take, including prescription and nonprescription medicines and herbal and dietary supplements.

Do not eat grapefruit or drink grapefruit juice during treatment with VOTRIENT because it may affect how VOTRIENT works.

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